

# THE HOT BAR

## SUNDAY

Tikka Masala  
Lemon Rice  
Roasted Vegetables  
Mac & Cheese

## MONDAY

Tikka Masala  
Butter Chicken  
Cilantro Rice  
Roasted Vegetables  
Mac & Cheese

## TUESDAY

“California Harvest”  
Herb Roasted Chicken  
White Beans  
Roasted Vegetables  
Quinoa

## WEDNESDAY

“Mexican”  
Green Chile  
Chicken Enchiladas  
Tofu Fajitas  
Pinto Beans  
Mexican Rice

## THURSDAY

“Mediterranean Market”  
Lemon Oregano Chicken  
Chickpea & Spinach Stew  
Herbed Rice Pilaf  
Roasted Vegetables

## FRIDAY

“Cuban”  
Mojo Chicken  
Black Beans  
Roasted Vegetables  
Yellow Rice

## SATURDAY

Teriyaki Chicken  
Steamed Rice  
Tofu Cashew Noodles  
Roasted Vegetables

## EVERY DAY

Fresh Soups  
Sandwiches  
Wraps  
Deli salads  
Sushi